

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	9	16
Income	1500	500	500	3000
Health status	0.7	0.4	0	1
Smoking status	0.3	0.5	0	1
Alcohol consumption	0.2	0.4	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.6	0.4	0	1
Sleep quality	0.7	0.4	0	1
Work satisfaction	0.6	0.5	0	1
Life satisfaction	0.7	0.4	0	1
Overall health	0.8	0.3	0	1
Physical activity	0.4	0.5	0	1
Mental health	0.6	0.4	0	1
Social support	0.5	0.5	0	1
Work-life balance	0.6	0.4	0	1
Financial stability	0.7	0.4	0	1
Family harmony	0.8	0.3	0	1
Personal growth	0.6	0.4	0	1
Community involvement	0.5	0.5	0	1
Environmental awareness	0.7	0.4	0	1
Cultural appreciation	0.8	0.3	0	1
Artistic expression	0.6	0.4	0	1
Volunteer work	0.5	0.5	0	1
Travel frequency	0.4	0.5	0	1
Language skills	0.6	0.4	0	1
Technology use	0.7	0.4	0	1
Online presence	0.8	0.3	0	1
Digital literacy	0.9	0.2	0	1
Work-life balance	0.6	0.4	0	1
Financial stability	0.7	0.4	0	1
Family harmony	0.8	0.3	0	1
Personal growth	0.6	0.4	0	1
Community involvement	0.5	0.5	0	1
Environmental awareness	0.7	0.4	0	1
Cultural appreciation	0.8	0.3	0	1
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Technology use	0.7	0.4	0	1
Online presence	0.8	0.3	0	1
Digital literacy	0.9	0.2	0	1

Fig. 1